







1. Coaches for each upcoming season shall be sought and approved by the Board prior to the beginning of each season;
2. Coaches must complete an application and by completing such application are subject to background checks as completed by the Essex Police Chief;
3. Abstain from using abusive and profane language before anyone connected with games or practices;
4. Always keep a positive attitude around the players;
5. Any coach shall not be released and paid (if applicable) until all equipment/uniforms are returned and accounted for. The Board will arbitrate disputes in this matter;
6. Be alert for any signs that would indicate possible health or safety hazards;
7. Provide constructive criticism only, not degrading criticism;
8. Do not allow an ineligible (suspended) player to participate in practices or games until the Board has approved the player for play;
9. Do not criticize the opposing team, its coaches or fans, verbally or by gesture;
10. Do not dispute officials' calls beyond the usual acceptable questions;
11. Do not permit an injured player to reenter the game if further play would jeopardize his/her health;
12. Don't intimidate the players, don't call them names that are degrading, and don't yell at them in a negative manner. Yelling in a positive manner, a coaching manner or a cheering manner is acceptable. If you are not sure of the difference, please ask a board member for clarification;
13. Emphasize that good athletes are good students both physically and mentally;
14. Enforce all rules and regulations of EYS. If there is a problem or question, immediately seek the assistance of a board member;
15. Explain and discuss with the players and parents your rationale and philosophy, playing rules and any other additional rules or expectations you institute;
16. Explain rules and consequences regarding missed practices or games;
17. Have fun and encourage your players to have fun as well;
18. Invoke fair and respectful discipline;
19. Make the player attendance policy for practices, games and meetings clear to all players and parents. Enforce these rules equally with all your players, no exceptions;
20. Be responsible to ensure playing time for all team members is according to the coaching expectations.
21. Promote team play, rather than individual play;
22. Teach respect to the players by respecting authority yourself;
23. Teach the players to win, lose, and compete in a sportsmanlike manner;
24. And use appropriate methods and drills for developing good physical conditioning and skills.